Holy Trinity Greek Orthodox Cathedral
New Orleans, Louisiana

MAY 19, 2019 — SUNDAY OF THE PARALYTIC

Sunday, May 19 ~ 8:45 am Orthros, 10:00 am ~ Divine Liturgy
Parish Council Member on Duty—Christ Kanellakis
Sunday Church School Staff Meeting in Boardroom after Holy Communion

DIMOS SKOUFALOS 1-YEAR MEMORIAL
12:00 pm ~ Baklava Sundae Workshop in Gymnasium
12:00 pm ~ Safety and Security Committee Meeting in Boardroom
1:00 pm ~ Hellenic Dancers Practice in Gymnasium

Monday, May 20 ~ 9:30 am Greek Festival Pastry Workshop
6:00 pm ~ Greek Festival Evening Pastry Workshop—Dolmathes, Package Goods
6:30 pm ~ Hellenic Dancers Practice in Gymnasium

Tuesday, May 21 ~ 9:30 am Greek Festival Pastry Workshop
6:00 pm ~ Greek Festival Evening Pastry Workshop—Cut Cheese, Bottle Dressing
6:30 pm ~ Hellenic Dancers Practice in Gymnasium

Wednesday, May 22 ~ 9:30 am Greek Festival Pastry Workshop
6:00 pm ~ Greek Festival Evening Pastry Workshop—Pack Pastry To-Go Boxes
6:30 pm ~ Hellenic Dancers Practice in Gymnasium

Thursday, May 23 ~ 9:30 am Greek Festival Pastry Workshop—Last Minute Duties
5:00 pm ~ GREEK FESTIVAL
Friday, May 24 ~ 5:00 pm GREEK FESTIVAL
Saturday, May 25 ~ 11:00 am GREEK FESTIVAL
Sunday, May 26 ~ 7:45 am Orthros
9:00 am ~ Divine Liturgy—SUNDAY OF THE SAMARITAN WOMAN
Parish Council Member on Duty—Christ Kanellakis
11:00 am ~ GREEK FESTIVAL

2019 STEWARDSHIP CAMPAIGN
Over 210 pledges have been received thus far in the 2019 Stewardship Campaign. If you have not already made your pledge, please do so. When you make your pledge, think of everything our Lord has done for you and please be generous.

BAKLAVA SUNDAE WORKSHOP TODAY
The Baklava Sundae Workshop will be today, Sunday, May 19, immediately following Divine Liturgy. The goal is to have forty (40) or more volunteers in order to complete the project in two (2) hours! Please make plans to join the group in the gymnasium.

2019 STEWARDSHIP CAMPAIGN
My Beloved Brothers and Sisters in our Risen Lord,

May 15, 2019
Paternally yours with love in the Risen Lord

The goal is to have forty (40) or more volunteers in order to complete the entire project in two (2) hours!

Please submit all information for the June issue of The Flame DEADLINE

FACEBOOK PAGE — GREEK FESTIVAL - MAY 23, 24, 25, & 26!
CELEBRATING MASTIC FROM THE ISLAND OF CHIOS, GREECE, AND ALL THINGS GREEK!

FINAL COUNTDOWN
Mark your calendars for the remaining workshops.

All hands are needed to complete the imminent last minute preparations.

- Sunday, May 19 Baklava Sundae Workshop After Church
- Monday, May 20 Pastry Workshop 9:30 am - 3:00 pm
- Monday, May 20 - Evening Workshop Dolmathes, Package Goods 6:00 pm until Completed
- Tuesday, May 21 Pastry Workshop 9:30 am - 3:00 pm
- Tuesday, May 21 - Evening Workshop Cut Cheese, Bottle Dressing 6:00 pm until Completed
- Wednesday, May 22 Pastry Workshop 9:30 am - 3:00 pm
- Wednesday, May 22 - Evening Workshop Prepare Pastry To-Go Boxes 6:00 pm until Completed

EVERYONE IS ASKED TO COME PACK PASTRY BOXES
THIS WEDNESDAY NIGHT, MAY 22, BEGINNING AT 6:00 PM.

GREEK FESTIVAL THURSDAY SOFT OPENING
The Greek Festival Committee, with the encouragement of the Parish Council, scheduled another evening to the Greek Festival Memorial Weekend. On Thursday, May 23, a soft opening will take place with a few variations from the usual festivities. The entrance fee will be $5 instead of $8, and only inside booths will sell their goods on an "express" basis. NO OUTSIDE BOOTHS will be open, although a special lamb dinner will be sold inside. You are asked to share this information with your family and friends, who may wish to take advantage of the earlier access and be among the first to snag some of their favorite Festival goodies.

THE FLAME DEADLINE
Please submit all information for the June issue of The Flame by Friday, May 24.
May 15, 2019

My Beloved Brothers and Sisters in our Risen Lord,

Χριστὸς Ἀνέστη 
Christ is Risen! Truly He is Risen!

I greet you with love and joy in the name of our Risen Lord and Savior Jesus Christ! I pray that this Paschal season be a time full of joy, uplift, and spiritual renewal!

I am so pleased to be able to tell you how happy I was to be able to personally attend this past Saturday’s Metropolis-level St. John Chrysostom Oratorical Festival, held at our beloved community of Holy Trinity Cathedral in New Orleans. I extend my sincerest thanks to this parish for the loving reception they undertook for the families of all our young participants.

I offer my warmest congratulations to all our beautiful young people for offering their time and talents to speak, making each one of us who were in the audience seriously consider how to live out our Orthodox faith in the world.

Congratulations are also in order for Theophany Cruz and Xenya Currie, who will go on to represent the Metropolis of Atlanta at the Archdiocesan Level Oratorical Festival. Indeed, I also thank those volunteers who acted as κριτής—for surely this role could not have been an easy one to fulfill with so many young theologians who offered their wise thoughts.

For those parents and clergy who encouraged and supported their children during this process of research, writing and practicing, I say, thank you! I pray to see even more children from communities who will be new to this exciting festival, as our Metropolis begins reaching out to our parishes for the 2020 St. John Chrysostom Oratorical Festival! I remain,

Paternally yours with love in the Risen Lord

Metropolitan of Atlanta

+ALEXIOS

2019 VACATION CHURCH SCHOOL “MAKING THINGS RIGHT”

The 2019 Vacation Church School program will be held July 29 – August 2 for children preschool through 5th grade. Early registration forms are available in the Cathedral.

AHEPA SUNDAY

The Archdiocese has declared this Sunday, May 19, 2019, as AHEPA Sunday. In honor of this declaration, the local AHEPA Chapter will provide donuts during the coffee hour following Divine Liturgy.

AHEPA - DAUGHTERS OF PENELOPE NEW ORLEANS CONVENTION

The local AHEPA and Daughters of Penelope Chapters will host a District Convention June 20-23 for members from Texas, Louisiana, Arkansas, Oklahoma, Kansas City, and Atlanta. Local members are invited to participate and submit an ad sponsorship to welcome these visitors to New Orleans and to advise them of any businesses in the city that they may consider visiting. Ad forms are now available and offer three options—full page ($175), half page ($125), or quarter page ($100) ads.

EPISTLE READERS NEEDED

Greek and English Epistle readers, primarily Greek readers, are needed throughout the year for the Sunday Divine Liturgy. See Father George or Vladimir Ammons to sign up. Your assistance will be greatly appreciated.

H&R BLOCK NON-PROFIT REFERRAL PROGRAM

Fay Kalergi, who works for H&R Block as well as directs Greek School, made arrangements for Holy Trinity Cathedral to enroll in her firm’s non-profit referral program. Once registered and accepted Holy Trinity qualified to receive referral funds through the parishioners that used H&R Block to complete their taxes this past spring. Recently, the community received a check for $440! Many, many thanks are extended to the members that participated in the program and to Fay, who initiated this rewarding opportunity.

PRELIMINARY ARCHITECTURAL RENDERINGS ON DISPLAY TODAY

Four preliminary architectural renderings, which were unveiled at a joint Parish Council-ÓRAMA Facilities Committee meeting on Tuesday, May 14, are on display today in the Hellenic Cultural Center for parishioners to view and consider. After the Greek Festival they will remain on display in the Center for further study throughout the summer.

RECOGNITION OF HIGH SCHOOL GRADUATES

The Cathedral office received notice that the HTC community has a few more 2019 high school graduates that were not mentioned in the May issue of The Flame. Family members are urged to forward a photograph and short biography of their graduate to the office no later than Friday, May 24. These seniors will be included in the next publication.
The unusual icon of our bulletin is termed the “Mid-Pentecost” image. Strangely enough, the idea of observing a Mid-Pentecost day is not new in the Church. There are traces of a festival that comes midway between Resurrection & Pentecost as far back as the 5th century.

We have here a rather unique picture of Christ as the GREAT TEACHER of mankind. The Gospel for the day tells of Jesus “going up into the temple” in the midst of the feast, and teaching. And so the icon shows a young Christ teaching a group of obviously mature and learned men, who seem somewhat surprised at the wisdom of their Mentor. The Lord is depicted with one hand in a gesture of making a point, while the other hand clutches a scroll.

Yes, the entire scene makes one think of a twelve-year-old Jesus in Jerusalem, without the Holy Virgin and Joseph. St. Luke tells of the incident: “After three days they found Him in the temple, sitting in the midst of the doctors, both hearing them & answering their questions.” What we have then, is a composite setting of Christ, Divine Wisdom, of deed and word, a profound teaching for every generation.

There is a need today for us to gather about the feet of Our Lord, as did Mary, the sister of Lazarus, “choosing the best part,” and listening to the instruction of the Master. Let this be our task as we await the outpouring of the Holy Spirit on the feast of Pentecost, coming 50 days after the Lord’s Resurrection.

Holy Trinity Cathedral
Greek Orthodox Community of New Orleans
1200 ROBERT E. LEE BOULEVARD • NEW ORLEANS, LOUISIANA 70122
 Very Reverend Father George Wilson, Dean
priest@holytrinitycathedral.org
PHONE: (504) 282-0259 FAX: (504) 283-5586
Απολυτικίον τῆς Ἀνάστασης

Ἡχος πλ δʹ

Εὐφραίνεσθω τα οὐράνια, ἀγαλλίασθω τα ἐπίγεια, ὧτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

Απολυτικίον τῆς Ἀγίας Τριάδας

Ἡχος πλ δʹ

Εὐλογητὸς εἶ, Χριστὲ ὁ Θεός ἡμῶν, ὁ πανσόφος τοὺς ἁλιεῖς ἀναδείξας, καταπέμπτωσις αὐτῶν τῷ Πνεύμα τῷ ἁγίῳ, καὶ δι’ αὐτῶν ἡμῖν αἰώνια ἀκούσας, σαγηνεύσας, φιλάνθρωπε, δόξα σοί.

Κοντάκιον

Ἡχος πλ δʹ

Εἰ καὶ ἐν τάφῳ καθῆλθες ἅθανατε, ἀλλὰ τοῦ ἄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξίδων μυροφόροις φθεγζόμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωροῦμεν, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

ΑΠΟΣΤΟΛΟΣ

Πράξεων τῶν Ἀπόστολῶν Θ΄ 32-42

Ἐν ταῖς ἡμέραις ἑκείναις, ἐγένετο Πέτρον διερχόμενον διὰ πάντων κατελθεῖν καὶ πρὸς τοὺς ἁγίους τοὺς κατοικοῦντας Λύδδαν. Ἐὗρε δὲ ἐκεί ἄνθρωπον τινα ὁμόμαντα Αἰνέαν ἐξ ἐτῶν ὡκτω κατακεῖμενον ἐπὶ κραβάττῳ, ὡς ἡν παραλελυμένος. Καὶ εἶπεν αὐτῷ ὁ Πέτρος· Αἰνέα, ἱδίᾳ σε Ἰησοῦς Χριστός ἀνάστησι καὶ στρώσον σεαυτῷ. Καὶ εὐθέως ἀνέστη. Καὶ εἶδον αὐτὸν πάντες οἱ κατοικοῦντες Λύδδαν καὶ τὸν Σάρωνα, ὡτινες ἐπέστρεφαν ἐπὶ τὸν Κύριον. Ἐν ἱλότη δὲ τις ἣν μαθήτρια ὄνοματι Ταβίθα, ὁ διερμηνευόμενη λέγεται Δορκάς· αὐτῇ ἦν πλῆρης ἐργάνων ἀγαθῶν καὶ ἐλεημοσύνων ἦν ἐποίηε. Ἐγένετο δὲ ἐν ταῖς ἡμέραις ἑκείναις ἁπαντεύνησαν

Resurrection Apolytikion

Tone 3

Let the heavens sing for joy, and let everything on earth be glad. For with His Arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

Apolytikion of the Holy Trinity

Plagal Tone 4

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

Kontakion

Plagal Tone 4

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

THE EPISTLE


In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the
The Gospel

John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' " They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?” Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.