Holy Trinity Greek Orthodox Cathedral
New Orleans, Louisiana

July 21, 2024 – 4TH SUNDAY OF MATTHEW

Sunday 21
8:30am Orthros - 4th Morning Gospel (Eothinon)
10:00am Liturgy - 4th Sunday of Matthew
Summer Sunday Church School following Holy Communion
Artoklasia Service in recognition of Saint Markella
Memorial Service on the 50th Anniversary of the Invasion of Cyprus

Saturday 27
5:00pm NO Great Vespers Today
2:00-4:00pm Summer Super Saturday Church School

Sunday 28
8:30am Orthros - Mode 3 - FATHER PAUL COSTOPOULOS
10:00am Liturgy - 5th Sunday of Matthew - FATHER PAUL COSTOPOULOS
Summer Sunday Church School following Holy Communion
40 Day Memorial Patrick Latour

FATHER GEORGE WILL BE OUT OF TOWN on vacation until August 3. In the event of an emergency that requires a Priest, please call Wendy in the Cathedral Office (504) 282-0259 and she will contact a Priest for you. Father George will be back for Sunday services on August 4.

SUPER SAINTS SATURDAY – In addition to sessions on Sunday after Holy Communion, the Summer Sunday Church School will be hosting Super Saints Saturday on July 27, 2024 at 2:00–4:00pm. Games, crafts, music and refreshments will be provided for Pre-K – 5th grades. All youth of our Community are invited and encouraged to attend these fun and educational sessions. Pre-Teens & Teens please join us to assist. On Sunday, July 28, 2024, will be the last Summer Sunday Church School after Communion. Crafts will be on display and there will be a short program for the community.

PHILOPTOCHOS – All members are asked to attend a regular membership meeting on Saturday, August 17th at 10:30am at the Hellenic Cultural Center, to help with plans for all upcoming events. Philoptochos will sponsor a membership tea on Saturday, November 9th to which all ladies of the Community are invited. More details on this will be forthcoming.

AHEPA – AHEPA and Daughters of Penelope will be hosting a social on Thursday, July 25th from 6:00-8:00pm at Mama’s Place in Metairie. Everyone is welcome to come join us.

DAUGHTERS OF PENELOPE – All Daughters of Penelope members are invited to join in for a Summer Social on Saturday, July 27th at 1:00pm at La Madeleine in Metairie. Come by for some food and socializing. The next regular meeting will be on Sunday, September 15, 2024 with installation of new officers. Congratulations to Ann Morcos who has been re-elected to another term as Daughters of Penelope Chapter President. Any members that have not yet submitted their 2024 dues, are asked to please submit as soon as possible so all dues can be received before September. Thank you.
ARCHEPISCOPAL ENCYCLICAL ON THE FIFTIETH ANNIVERSARY OF THE INVASION OF CYPRUS

July 20, 2024 - Prot. No. 219/2024

*But let judgment roll down as water,*  
*and righteousness as an impassable torrent*  
(Amos 5:24)

My beloved brothers and sisters in Christ,

The Fiftieth Anniversary of the unjust and unnecessary invasion of the Island Nation of Cyprus by Türkiye is a sad and heartbreaking milestone in what has been too long a journey of injustice and diplomatic neglect by the World Powers. The mistakes and grim miscalculations of the past are long overdue for forgiveness, so that credible solutions can emerge with an air of possibility.

For half a century, we have been praying and working for the reunification of Cyprus, and for all its citizens to receive the just judgment of a peaceful and equitable settlement. In the intervening decades, global leadership has chosen to turn a blind eye to the suffering on both sides of the Green Line. Families have passed through generations without closure for their lost loved ones, whose earthly remains are still missing. Magnificent cultural heritage has been razed and looted, finding its way into global black art markets. And the utter lack of respect for sacred Churches is a reminder of medieval views of conquest that should no longer be applicable in a civilized world.

We, who are Greek Orthodox Christians, and who share spiritual, cultural, ethnic, linguistic and all manner of civilizational ties with Cyprus, cannot simply stand by and wait passively for a resolution to be found - especially when the world seems to be no longer looking for one. We shall continue to raise the issue “in season and out of season.” But this cannot be all that we do. We must implore the Lord of all to enlighten and rain down righteousness on the hearts of world leaders and bring Cyprus back to the forefront of international affairs without further delay.

In this spirit, on Sunday, July 21, all parish priests of the Sacred Archdiocese of America are encouraged to hold a special Memorial Service for the blessed repose of our Cypriot brethren who were lost so unjustly. They certainly merit our prayers as much as Cyprus deserves a peaceful and just settlement now! Fifty years is far too long, and anything more is unworthy of what has been forever lost!

With hope and faith in our Lord and Savior Jesus Christ,

† ELPIDOPHOROS
Archbishop of America
The life of the HOLY MARTYR MARINA is a wonderful example of piety, purity and chastity. Marina’s parents were both pagans, but when her mother died giving birth to her, her father unwittingly entrusted her to the care of a devout Christian woman.

It is said that Marina matured into a beautiful woman. When she was 18 years old, Olymbrius, the imperial governor, desired to make her his wife. Not only did she refuse his advances, but Marina also boldly proclaimed that she was a Christian. Upon hearing this, the governor ordered her to offer sacrifice to the Roman gods. Marina would not compromise her faith in such a manner, and was tossed into prison.

The Martyr Marina suffered great physical abuse while in prison. She was repeatedly whipped and burned; when she healed sufficiently, the painful process would resume. Marina was finally beheaded in 289 A.D. Before giving up her life for the Lord, she had a vision in prison. A cross appeared on the wall of her cell. A white dove was perched on the top of it. Marina then heard the words: ‘REJOICE, MARINA, DOVE OF CHRIST AND DAUGHTER OF ZION. THE DAY OF YOUR JOY IS DRAWING NEAR.’ Some of her relics are preserved and venerated in the Vatopedi Monastery on Mt. Athos, while others can be found in an ancient Romanian monastery that bears her name.

The Orthodox Weekly Bulletin ............ Vestal, Cliffwood, New Jersey ............ Litho in U.S.A.

Deadline for submissions for the Sunday Bulletin is Wednesday of each week.

Send all notices to secretary@holytrinitycathedral.org and to frgwilson@gmail.com

Holy Trinity Cathedral
Greek Orthodox Community of New Orleans
1200 ALLEN TOUSSAINT BOULEVARD • NEW ORLEANS, LOUISIANA 70122
Very Reverend Father George Wilson, Dean
priest@holytrinitycathedral.org
PHONE: (504) 282-0259
Fourth Sunday of Matthew


Verse - This is the day the Lord made; let us greatly rejoice and be glad therein. [SAAS]
Resurrectional Apolytikion. Mode 3.
Let the heavens be glad. Let the earth rejoice exceedingly. For the Lord has shown strength with his arm. He trampled death by death. He became the first-born of the dead. Out of the belly of Hades, He has rescued us, and to the world He has granted the great mercy. [GOASD]

Hymns after the Entrance.
Resurrectional Apolytikion. Mode 3.
Let the heavens be glad. Let the earth rejoice exceedingly. For the Lord has shown strength with his arm. He trampled death by death. He became the first-born of the dead. Out of the belly of Hades, He has rescued us, and to the world He has granted the great mercy. [GOASD]

Apolytikion of the Parish - Mode pl. 4.
Blessed are You, O Christ our God. Who revealed the fishermen to be to be most wise by sending down to them the Holy Spirit. And so through them catching the whole world in a net, lover of mankind glory to you. [JMB]

Kontakion. Mode 2.
O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you. [SD]

The Epistle - Fourth Sunday
Sing praises to God; sing praises; sing praises to our King; sing praises. [SAAS]
Verse: Oh, clap your hands, all you nations; shout to God with the voice of rejoicing. [SAAS]
The reading is from Paul’s Letter to the Romans.
Brethren, having been set free from sin, you have become slaves of righteousness. I am speaking in human terms, because of the weakness of your flesh. For just as you once yielded your members to impurity and to greater and greater iniquity, so now yield your members to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. But then what return did you get from the things of which you are now ashamed? The end of those things is death. But now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Ἀλληλούϊα.

Ἐπὶ σοί, Κύριε, ἤλπισα, μὴ καταισχυνθείην εἰς τὸν αἰῶνα.

Verse 1:

In You, O Lord, I hope; may I not be ashamed forever.

Ἀλληλούϊα.

Γενοῦ μοι εἰς Θεὸν ὑπερασπιστὴν καὶ εἰς οἶκον καταφυγῆς τοῦ σῶσαί με.

Verse 2:

Be to me a God who protects me, and a house of refuge to save me.

Τῷ καιρῷ ἐκείνῳ, εἰσελθόντι τῷ Ἰησοῦ εἰς Καπερναοὺμ προσῆλθεν αὐτῷ ἑκατόνταρχος παρακαλῶν αὐτὸν καὶ λέγων· Κύριε, ὁ παῖς μου βέβληται ἐν τῇ οἰκίᾳ παραλυτικός, δεινῶς βασανιζόμενος. καὶ λέγει αὐτῷ ὁ Ἰησοῦς· ἐγὼ ἐλθὼν θεραπεύσω αὐτόν. καὶ ἀποκριθεὶς ὁ ἑκατόν ταρχος ἔφη· Κύριε, οὐκ εἰμὶ ἱκανὸς ἵνα μου ὑπὸ τὴν στέγην εἰσέλθῃς· ἀλλὰ μόνον εἰπὲ λόγῳ, καὶ ἰαθήσεται ὁ παῖς μου. καὶ γὰρ ἐγὼ ἄνθρωπός εἰμι ὑπὸ ἐξουσίαν, ἔχων ὑπ᾿ ἐμαυτὸν στρατιώτας, καὶ λέγω τούτῳ, πορεύθητι, καὶ πορεύεται, καὶ ἄλλῳ, ἔρχου, καὶ ἔρχεται, καὶ τῷ δούλῳ μου, ποίησον τοῦτο, καὶ ποιεῖ. ἀκούσας δὲ ὁ Ἰησοῦς ἐθαύμασε καὶ εἶπε τοῖς ἀκολουθοῦσιν· ἀμὴν λέγω ὑμῖν, οὐδὲ ἐν τῷ Ἰσραήλ τοσαύτην πίστιν εὗρον. λέγω δὲ ὑμῖν ὅτι πολλοὶ ἀπὸ ἀνατολῶν καὶ δυσμῶν ἥξουσι καὶ ἀνακλιθήσονται μετὰ Ἀβραὰμ καὶ Ἰσαὰκ καὶ Ἰακὼβ ἐν τῇ βασιλείᾳ τῶν οὐρανῶν, οἱ δὲ υἱοὶ τῆς βασιλείας εκβληθήσονται εἰς τὸ σκότος τὸ ἐξώτερον· ἐκεῖ ἔσται ὁ κλαυθμὸς καὶ ὁ βρυγμὸς τῶν ὀδόντων. καὶ εἶπεν ὁ Ἰησοῦς τῷ ἑκατοντάρχῳ· ὕπαγε, καὶ ὡς ἐπίστευσας γενηθήτω σοι. καὶ ἰάθη ὁ παῖς αὐτοῦ ἐν τῇ ὥρᾳ ἐκείνῃ.

Mt 8:5 – 13

At that time, as Jesus entered Capernaum, a centurion came forward to him, beseeching him and saying, “Lord, my servant is lying paralyzed at home, in terrible distress.” And he said to him, “I will come and heal him.” But the centurion answered him, “Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, ‘Go,’ and he goes, and to another, ‘Come,’ and he comes, and to my slave, ‘Do this,’ and he does it.” When Jesus heard him, he marveled, and said to those who followed him, “Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth.” And to the centurion Jesus said, “Go; be it done for you as you have believed.” And the servant was healed at that very moment.
The Greatest Faith

Have you ever looked around your church and saw somebody new, somebody you didn’t know? Maybe you thought, “That person doesn’t belong here.”

Jesus had lots of chances to say that too... but He didn’t! Maybe you can think of some stories in the Gospels, when Jesus talked to people who weren’t like Him. The woman at the well, the men with leprosy, the woman who had done a lot of wrong things.

In today’s Gospel reading, we hear about the military commander who came to find Jesus. He wasn’t Jewish, like Jesus was. But his servant was sick, and he knew that Jesus could heal his servant. In fact, he knew Jesus could heal him without even seeing the servant. He knew Jesus could just say the word and he would be better!

Jesus was amazed that this man had such strong faith in the power of God! Jesus said, “I have not found such great faith, not even in Israel!” Let’s remember that our Lord came to save the whole world. He wants the whole world to know the good news of God’s love and truth. Christ didn’t just help people who were like Him. He healed people and defended people and talked to all kinds of people who needed His help. He gave His love for everybody!
WORD SEARCH

Can you find these words in the jumble?

* N Z N Y C T Q Q C U L B S S O * 
* B P K B E X V L F B U Y Q L P * 
* G N P U N R H Q H Z F E T Z R * 
* S E B U T J D E R S H L S E E * 
* O L N U U J A K O P T A D E B * 

Centurion
Commander
Doctor
Faithful
Gentile
Gospel
Healing
Panteleimon
Saints
Soldiers

LY N T R L T F M M I N L Z I
D N O M I E L E T N A P H E O
I B N N O L Z H T M F R N Q R
E I G A N R E S M G O S P E L
R G D T V T O O A W M T P K E
S Y L W H X C T O G U S J I J
N R E G E Z A F C B I L P L D
H E H I A Z O G S O C A M A Q
H M K D G U L G A H D L X Z I
C R R K M D D I W E L D V Q W

WHAT'S IN THE ICON?

Saints Kosmas and Damian are two other doctor saints. And St. Luke the Surgeon is too. They used medicine and their faith in God too.

In the icon, they are holding medicine, just like Saint Panteleimon is too.
SAINT PANTELEIMON
HEALER OF THE SICK

Have you known somebody who was sick? We all have! Sometimes we don’t know what to do, except be sad or feel sorry for him or her. But God and the saints are here to help us. They listen to our prayers. We just have to ask them, and they will ask God to help us and help our sick friend or relative!

St. Panteleimon is a great saint to pray to when somebody is sick. He lived many years ago, and he died in the year 303. He was a doctor, but he used medicine and his faith in God to heal his patients.

Once, St. Panteleimon helped a blind man see again. He also told him about Jesus Christ. The man was so happy that he told other people about what had happened. Soon, other people started to become Christians too! The Roman authorities were not happy about this because they did not believe in Christ, and they wanted people to worship the Roman gods. They wanted people to worship the emperor, too! The Roman authorities arrested St. Panteleimon and they tortured and killed him.

We can pray to St. Panteleimon when anybody is sick. And we always remember what St. Panteleimon knew—This power to help people came from God, and we thank God for it!

We celebrate St. Panteleimon on Saturday, July 27th (OC: August 9th).
Saint Panteleimon, pray for us!

The Children's Word is a weekly bulletin for Orthodox Christian young people. Copyright 2024 Alexandra Houck. Email is orthodoxchildrensword (at) gmail.com. Find it each week at myocn.net.
### JULY 2024 CALENDAR

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<td>Saturday</td>
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<td>Great Vespers - Mode 1</td>
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<td>Orthros - 2nd Morning Gospel (Eothinon)</td>
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<td>Liturgy - 2nd Sunday of Matthew (Kyriaki the Great Martyr)</td>
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<td>Staurulakis Baptism</td>
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<td>Great Vespers - Mode 2</td>
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<td>Liturgy - Sunday of the Holy Fathers</td>
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<td>Saturday</td>
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<td>Orthros - Prophet Elias (at SAINT BASIL in Metairie)</td>
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